

Direct lines on which you can call hospital professionals to talk about VPT

PUBLIC HOSPITALS

Arpajon	01 64 92 91 49
Corbeil (CHSF)	01 61 69 71 11
Dourdan (CHSE)	01 60 81 58 57
Etampes (CHSE)	01 60 80 78 66
Fontainebleau	01 60 74 12 64
Longjumeau	01 64 48 20 20
Melun	01 64 71 65 84
Montereau	01 64 31 65 70
Orsay	01 69 29 75 85
Villeneuve St Georges	01 43 86 20 08

PRIVATE HEALTH ESTABLISHMENTS

Athis Mons Hôpital Privé d'Athis-Mons	01 69 54 45 45
Evry Clinique de l'Essonne Clinique Du Mousseau	01 60 87 86 30 01 60 77 62 52
Fontainebleau Polyclinique La Forêt	01 64 69 77 78
Massy I H Jacques Cartier	01 60 13 62 26
Melun Polyclinique Saint Jean	01 64 14 30 02
Quincy-sous-Sénart Hôpital Privé Claude Galien	01 69 39 90 31

Professionals from Centres de Planification et d'Éducation Familiale (CPEF - Family Planning and Education Centres)



www.essonne.fr



www.seine-et-marne.fr/les-services-de-la-PMI

GPs

who have entered into agreements with
authorised healthcare facilities

To find out more:



[www.perinatifsud.org/fr/
interruption-de-grossesse](http://www.perinatifsud.org/fr/interruption-de-grossesse)



www.ancic.asso.fr/



www.IVGlesadresses.org



www.planning-familial.org/



IF YOU ARE PREGNANT AND DO NOT WISH TO CONTINUE WITH YOUR PREGNANCY



VPT (Voluntary Pregnancy Termination) There are professionals who can help you

Which method should you choose?

You choose the method together with the doctor, based upon a number of different parameters (term of the pregnancy, your state of health, etc.).

Drug-induced termination

This method involves taking two tablets, at intervals of from 36 to 48 hours.

It can be used at home up to the **fifth week of the pregnancy** and at a healthcare facility up to the **seventh week**.

Surgical termination

This method consists of sucking out the contents of the uterus, before the end of the **twelfth week of pregnancy**.

It can be performed under either a local or a general anaesthetic and you will be discharged either the same evening or the following day.

When the time comes for the VPT to be performed, the following will be prescribed for you depending upon the method being used:

- pain killers and a method of contraception.
- a follow-up examination or an echography to take place 10 to 21 days afterwards.

The Social Security has reimbursed 100% of the cost of VPT procedures since 31st March 2013.

If you are not covered by social insurance, contact a Family Planning and Education Centre.

**Please note the legal time limits!
GET IN TOUCH AS QUICKLY AS POSSIBLE
EVEN IF YOU ARE NOT SURE**

Choosing a VPT is a personal matter governed by the law, with a one-week reflection period.

You will be offered a psychological and social interview with a professional.

If the doctor you have contacted does not carry out VPTs (conscience clause), **s/he must** refer you to another doctor who will look after you.

Only the **woman involved** can request it.

Only a **doctor** can perform it.

If you are a minor and do not wish to inform your family, contact either a Centre de Planification et d'Éducation Familiale (CPEF - Family Planning and Education Centre) or your doctor.